# PENRITH YOUTH SERVICES CARD PENRITH AREA

## EMERGENCY CONTACTS

Police/ Ambulance/ Fire000Penrith Police Station – Youth Liaison Officer4721 9363St. Marys Police Station – Youth Liaison Officer9677 7499Police Assistance Line131 444Domestic Violence Line1800 656 463Rape Crisis1800 424 017Child Protection Help Line132 111

#### **ACCOMMODATION CONTACTS**

Platform Youth Services4760 0800NSW information and referral line<br/>for homelessness Link2home1800 152 152Christ Mission Possible Rapid Re-Housing<br/>Temporary Accommodation4704 8809 or 1300 435 728Department of Housing (Penrith)4721 6422

#### **COUNSELLING & HELPLINE SERVICES**

| Bridging the Gap                    |
|-------------------------------------|
| breakthru                           |
| Butterfly Support Line              |
| Kids Helpline                       |
| Life Line                           |
| Youth Beyond Blue                   |
| Anglicare Counselling Services      |
| Headspace Penrith                   |
| Relationships Australia             |
| Wesley Mission Youth Services       |
| QLife – Gay and Lesbian Line        |
| Nepean Youth Drug & Alcohol Service |
|                                     |

### TRANSPORT

Busways Transport NSW Premier Cabs

### WEBSITE INFORMATION

| Penrith City Council              | penrithcity.nsw.gov.au  |
|-----------------------------------|-------------------------|
| Youth Action                      | youthaction.org.au      |
| NSW Government                    | nsw.gov.au              |
| Advocate for children and young p | eople acyp.nsw.gov.au   |
| Roads and Maritime Services       | rms.nsw.gov.au          |
| Office of the Children's Guardian | kidsguardian.nsw.gov.au |
| ReachOut                          | Au.reachout.com         |

### HEALTH SERVICES CONTACTS

| Child and Youth Mental Health Service |
|---------------------------------------|
| Family Planning NSW                   |
| High Street Youth Health Service      |
| Mental Health Line                    |
| Penrith Women's Health Centre         |
| Drug & Alcohol Service – Nepean       |
| South Court Primary Care Centre       |
| Needle and Syringe Program            |
| Likemind Mental Health                |
| ACON Health                           |

## **MIGRANT AND REFUGEE**

Nepean Multicultural Access Service for treatment and rehabilitation of Torture and Trauma Survivors – STARTTS

SydWest Multicultural Services Translating and interpreting Service (TIS)

4725 9800

4721 9900

131 500

131 017

1800 354 589 8880 8111 1800 063 060

9833 2416

TTS 9794 1900 (head office Carramar) 9621 6633 S) 131 450

| FINANCIAL & MATERIAL AID CONT,<br>Barnardo's Penrith Centre                 | 4729 1211  |
|---|--|
| Penrith Community Aid   | 4731 1380  |
| -   | 00 371 288 or  |
|   | 7321 (Store)   |
| St. Vincent De Paul Kingswood   | 4731 5900  |
|   | 00 (under 22)  |
| <b>132 850</b> (over 22   | ,  |
| Platform Youth Service - Brokerage  | 4760 0800  |
| Christ Mission Possible   | 1300 435 728   |
| Ability Links   | 1300 738 229<br>4732 2363<br>1800 800 110<br>8830 0768<br>1800 242 636 |
| LEGAL   |  |
| Western Sydney Community Legal Centre                                       | 4587 8877  |
| Parramatta Legal Aid  | 9891 1600  |
| Mt. Druitt Community Legal Centre   | 9675 2009  |
| Legal Aid Head Office   | 9219 5000  |
|   | 1800 101 810   |
| Legal Aid Commission of NSW (Penrith Office)                                | 4732 3077  |
| Ombudsman NSW   | 9286 1000  |
| Shopfront Youth Legal Centre<br>NSW Fair Trading                            | 9322 4808<br>133 220   |
|   | 155 220  |
| YOUNG PARENTS   |  |
| Young Parents Network – Mission Australia                                   | 4724 3000  |
| Young Mum's Support Groups – Fusion Australia<br>Young Parents Group - NCNS | 8805 5900<br>4721 8520   |
| Brighter Futures Nepean   | 4723 9200  |
|   |  |
| YOUTH SERVICES:<br>ACTIVITIES, INFORMATION, SUPPO                           | DT   |
| Barnardos Penrith   | 4729 1211  |
| Community Junction Inc.   |  |
| - North St Marys, St Clair & Colyton Youth Space                            | e 9834 2708  |
| - Werrington Youth Space  | 4732 1562  |
| Don Bosco Youth and Recreational Centre                                     | 9623 0450  |
| Fusion Youth  | 8805 5900<br>4751 1611   |
| Mountains Youth Services Team (MYST)<br>PCYC Penrith                        | 4731 1011  |
| PFLAG Line – Parents & Friends of Lesbians & Gay                            |  |
| Platform Youth Services   | 4760 0800  |
| Wesley Youth Services   | 4723 9277  |
| Nepean Community & Neighbourhood Services                                   | 4721 8520  |
| Penrith City Council Youth Development Officer                              | 4732 7832  |
| Catholic Care Social Service  | 8822 2266  |
| ABORIGINAL CONTACTS   |  |
| Sydney West Aboriginal Health Service                                       | 9832 1356  |
| Koolyangarra Aboriginal Centre – NCNS                                       | 4729 3907  |
| Aboriginal Legal Service – Redfern  | 8303 6600  |
| EDUCATION, EMPLOYMENT   |  |
| AND TRAINING CONTACTS<br>Job Quest – Youth Services                         | 1724 1400  |
| Salvation Army Employment Plus  | 4731 4400<br>136 123   |
| Max Employment  | 4752 2200  |
|   | 1300 360 601   |
|   | 1300 897 669   |
| NSW Industrial Relations  | 131 628  |

For any other information, contact Penrith City Council on 4732 7832